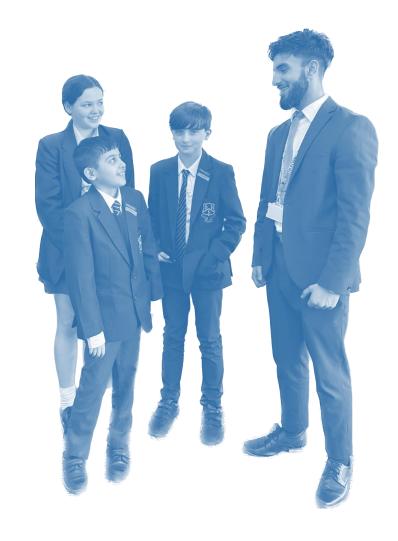


Start to the Year







SCREEN TIME

Lots of evidence around increased screen time.

'The more time teenagers spend looking at screens, the more likely they are to report symptoms of depression' (Twenge, 2017)

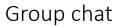
'Time on screens- even without social media- degrades attention and concentration' (Lemov, 2022)

'If kid's brains become accustomed to constant changes, the brain finds it difficult to adapt to a non-digital activity where things don't move as fast' (Manos, 2020)

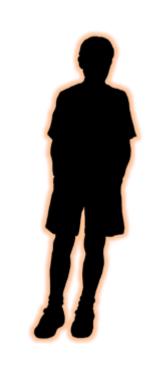
'Each 100 min spent using the device on average per day corresponded to a reduction in a student's position at the school's ranking'







Befriending unknown people



Fake profiles

Targeted Posts

Cyberbullying



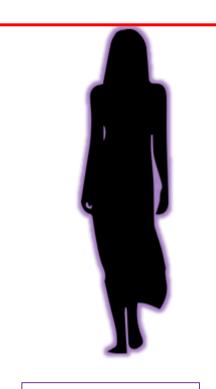
Posting risky/inappropriate content

Nudes or semi nudes



Nudes or semi nudes

Gaming



Drop in reporting

Incident of cyber crimes

WHAT THEY TELL US



Social Media

We stand against any targeted or harmful behaviour towards others and expect pupils to have an active role in stamping out any behaviour that may harm others.

It is illegal to send to post indecent or offensive messages or posts. It is also illegal to post false information which may cause upset, anxiety or distress.

The Harassment Act (1997) means anyone posting such content may face police action.

Social media platforms have age limits and anyone under the age of 13 should not have accounts.

How will this be challenged?

Any pupil found posting such content is at risk of serious consequence including suspension

Anyone found following or liking this content risks a consequence.

Accounts and content may be reported to the police.



Expectation: We do not use or set up social media accounts or post content that targets the school/harms, bullies or harasses its pupils or staff or members of the public. This includes the use of group chats.

Why?

At the Blue Coat we value respect for our community and the law:

- As a Church of England school we want all pupils to be good citizens and good neighbours. This
 means we look after everyone in our community. We show understanding and respect to one
 another and we stand against any targeted or harmful behaviour towards others. We show
 kindness and compassion and play an active role in stamping out any behaviour that may harm
 others.
- We respect the law of the country. It is illegal to send or post indecent or grossly offensive messages or posts. It is also illegal to post false information which may cause upset, anxiety or distress. The Harassment Act of 1997 means anyone posting such content may face police action. It is important to understand that this is not just a Blue Coat rule- but a law there to protect everyone in the UK and is taken seriously.
- Social platforms have ages limits and anyone under the age of 13 should not have accounts.
- Employers and further education institutions have the right to subject any applicants to social media searches. This means they can do a detailed search for your social media accounts and posts to ensure you are a good and upstanding citizen. There have been lots of high-profile incidents where people have been refused a job or sacked after employers have found posts posted by them even as a child. What we post could have damaging and long-lasting consequences.
- We expect all pupils to report (using the report button on the social media platform) any inappropriate content as an active citizen.

How will you be challenged?

Staff will remind you of our values

Any pupil found posting such content is at risk of serious consequence including suspension

Anyone found following or liking this content risks a consequence.

Accounts and content may be reported to the police.

Discussion:

How can poor social media use impact on your future?

Social Media



Reporting

- Report to the online platform first
- Then, report to 'Report Harmful Content'
- We've embedded this on our website so it is easily accessible



https://www.blue-coat.org/about-us/safeguarding/

Welcome Mission, Vision and Values Governance New College Oxford Step-Up Programme Policies

School Data and Information

Staff List

Safeguarding





B

Safeguarding On A Page for All Pupils Download (pdf)

E-Safety - The Blue Coat School



Barnardo's

⊞ GOV.UK

gov.uk

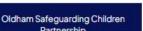
Report Harmful Content

REPORT

HARMFUL

CONTENT







Partnership



CEOP



Get Safe Online

Report Harmful Content

Types of Abuse and things to look out for Neglect

Neglect the most common type of abuse and is the persistent failure (of a parent or carer) to meet a child's basic physical and/or psychological needs, likely to seriously impair their health or development, including: failing to provide adequate food, clothing and shelter; failing to protect a child from physical harm or danger; failing to protect a child from emotional harm; failing to make sure a child has proper supervision; failing to get medical care or treatment for a child; failing to meet or respond to a child's basic emotional needs.

Things to look out for

- · Severe and persistent illnesses and infections
- · Consistently inappropriate clothing or shoes
- · Persistently smelly or dirty
- · Signs of malnutrition
- Numerous accidents
- · Poor medical and dental care
- · Being hungry, stealing or hiding food
- Missing school

Physical

This means causing physical harm to a child, including: hitting; shaking or throwing; burning or scalding; poisoning; drowning or suffocating; fabricating the symptoms of, or deliberately inducing, illness.

Things to look out for

- Bruises, cuts, scratches, scars
- Fractures
- Bite marks
- Burns or scalds
- Suspicious illnesses
- Vomiting, drowsiness or seizures
- Breathing problems

Sexual

Sexual abuse is forcing or enticing a child to take part in sexual activities, including: physical contact, for example kissing, touching or rape; non-contact abuse, for example involving a child in looking at or producing sexual images; 'upskirting' (taking a photo under someone's clothes without them knowing, to humiliate, distress or alarm them, or for sexual gratification); encouraging sexually inappropriate behaviour; grooming in preparation for child abuse...

Things to look out for

- Difficulty sitting
- Marks and bruises
- · Poor personal hygiene
- · Needing the toilet a lot
- Pregnancy
- Fear or avoidance of a partic
- Sexually inappropriate behavior
- Dropping hints or mentioning

REPORT **HARMFUL** CONTENT

Emotional

Emotional abuse is persistent emotional maltreatment, severely affecting a child's emotional development, including; making a child feel worthless, unloved or

Things to look out for

Bohaviour language or knowledge you wouldn't evenet

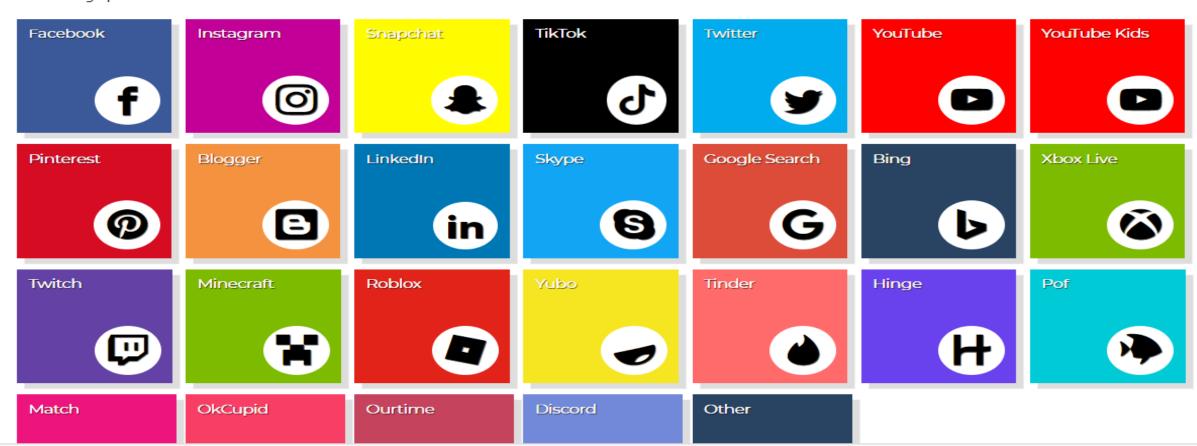


Where is the content posted?

Before you submit a report to us, it is **essential** that you have reported the material to the social media service directly using their online tools, at least 48 hours ago. You can find information on how to do this by clicking on the tabs below.

It is also important to remember that we can only submit reports on specific platforms, about the following 8 harms:

- Threats
- Impersonation
- · Bullying & Harassment
- · Self-harm or Suicide
- Online Abuse
- · Violent Content
- Unwanted Sexual Advances
- · Pornographic Content



Age Regulations

Under new GDPR regulations we are unable to accept information from children under the age of 13. If you are under 13 and need help removing harmful content online please ask your parent or guardian to complete the following form on your behalf.

Report Harmful content is a service funded to support UK citizens, in the UK. The practitioners working on the helpline have the right to be treated with courtesy and respect. The Helpline does not tolerate abuse of any form towards its staff from potential clients and reserves the right to not respond and or block any contacts if they deem the potential client's behaviour to be of this nature.

Continue to form

	About You	
Are you reporting about:	O You O Someone Else *	
Your Name:		
	You can use an alias or nickname if you wish	
Your Email Address:	*	
	This will enable us to communicate with you regarding your report	
Confirm Email Address:	*	
Age:	O 13-18 O 19-30 O 31-50 O 50+	
	Your age/ age of the person you're supporting	
Gender:		
Region:	Select Region ▼ *	
	About The Issue	
Type of Issue:	Select Type Of Issue *	
Link to the Harmful Content:	https://	k
	Please do not enter a link to any Child Sexual Abuse Imagery. <u>Report it here</u>	
	Platform Response	
Platform Response:	Choose File	
	Please upload a screenshot or document showing any response from the platform, if just text use the box below	
Supporting Information:	,	k

Social Media Suggestions

Routines

At Blue Coat we have an electronic devices policy which allows young people to concentrate on their learning. At home it is suggested that they leave their phones downstairs when they go to bed to promote good quality sleep.

Talk

As much as we might not want to it is important that we discuss social media activity with children. What are they accessing, what material are they 'sharing' or 'liking', who are they talking to?

Check

In our experience it is really useful when young people share the passcodes to their devices with adults at home. There are also apps that can mirror your child's usage so you can see what they have accessed and for how long.

Settings

If you allow you child to have social media accounts it is strongly recommended that you set up the privacy settings with them.



Healthy Choices

Routines

- At Blue Coat we have an electronic devices policy which allows young people to concentrate on their learning. At home it is suggested that they leave their phones downstairs when they go to bed to promote good quality sleep.
- Before school routine. School starts at 8:35 what are they doing before this time? Does it promote positive learning?
- Lunchtime. What are they choosing to do?
- After school routine. School finishes at 3:20 what are they doing after this time? Does it promote a positive learning?



Experimenting





Oldham Times

Oldham: Thousands of illegal 12th August vapes seized in crackdown

More than 2, 500 illegal vapes with an estimated street value of almost £28, 500 have been seized in Oldham.

The council reported yesterday, Friday, that its Trading Standards team has been carrying out inspections across the borough with the help of Greater Manchester Police (GMP).

They have been seizing non-compliant disposable vapes, which are becoming increasingly popular throughout both the borough and the country.

The council said that in total, 2,590 vapes were seized, carrying an estimated street value of £28,490.

Blue Coat staff work closely with the police to try to limit the accessibility and availability of vapes to young people.





Our Trading Standards team have been carrying out inspections across the borough with the assistance of ogmpolice to seize non-compliant disposable vapes.

In total 2,590 vapes were seized with an estimated street value of £28,490.

#Oldham #Vaping #Illegalvapes



Attendance Update

Blue Coat Target = Minimum of <u>97</u>% attendance

- No holidays in term time
- Please book all medical appointments after the school day when at all possible
- If in doubt, please send your child to school we will look after them and support them, and if too poorly we will telephone you
- For further advice, please see "Is my child too ill for school" on the NHS website: https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/
- Why 97%?

Blue Coat Year 11 GCSE Results 2023					
Attendance	Average GCSE Grade	9-5 in English & Maths	9-4 in English & Maths		
<97%	5.0	57%	77%		
97%+	6.0	83%	95%		
Difference	1 grade	26%	18%		



Punctuality Update

- New punctuality system for <u>lateness to lessons</u> introduced in March last year:
 - Reduced lateness to lessons by 60% by the end of the year
 - Fewer children wasting time between lessons
 - Lessons are not disrupted by children coming in late
 - Children are not missing crucial recall and lesson introductions



LATE TO LESSONS (MONITORED WEEKLY)				
1	Form teacher will inform student	n/a		
2	Letter to parent/carer n/a			
3	Letter to parent/carer	20 mins detention with Form Tutor at the start of lunch		
4	Letter to parent/carer	30 mins detention after school with DoL (TUESDAY)		
5 and above	Letter to parent/carer	10 mins for each late after school with the AHT for Key Stage		



Punctuality Update

- New punctuality system for <u>lates to school</u> for this term:
 - Devised from parent feedback last year
 - Accepts that the occasional late is often beyond our control
 - Focus on recidivism to work with students who are repeatedly late
 - Students should be on site by <u>8.35am</u>



	LATE TO SCHOOL (MONITORED OVER A HALF TERM)				
1	Form teacher informs student				
2 Letter to parent/carer					
3	Letter to parent/carer	20 mins detention with Form Tutor at THE START of lunch			
4	Letter to parent/carer	30 mins detention after school with DoL (TUESDAY)			
5	Letter to parent/carer	1 hour detention after school with DoL (TUESDAY)			
6	Letter to parent/carer	1 hour detention after school with SLT Parent meeting with DoL			
7	Letter to parent/carer	1 hour detention after school with SLT Parent meeting with RHE and SLT			
8	Letter to parent/carer	1 hour detention after school with SLT Parent meeting with Deputy Headteacher			



Standards Reminders

- No jewellery better if students leave jewellery at home
 - Includes no plain earring retainers
- Black tights or <u>plain</u> white socks (no frills)
- No hoodies outdoor coat protects against the Oldham weather!
- Hair: no additional decorative accessories
 - Any highlights or colouring should be natural
- Year Badges
- No rolled skirts



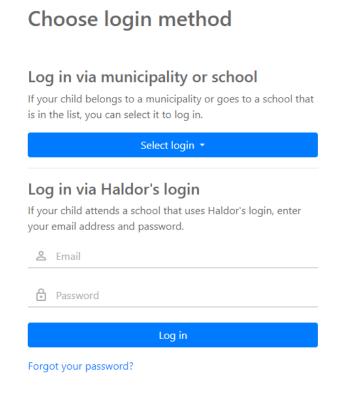


Haldor Homework - Setting up your account

1. Choose Login on https://parent.haldoredu.com/

An efficient and accessible learning platform Welcome to Haldor Log in Experiencing problems signing in? Contact your school.

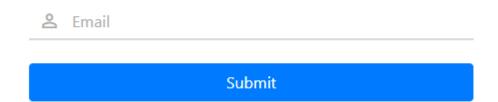
2. Choose Forgot your password?





3. Enter the email you have registered with school

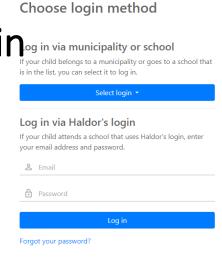
Reset your password



4. You will receive an email with a link where you can create a personal password. If you haven't received the email, please check the junk mail folder.

5. You can now log in og in via municipality or school If your child belongs to a municipality or goes to a is in the list, you can select it to log in.

Select login *









Our Mission

We welcome inquisitive minds, ready to become everything that they can be and everything they are meant to be.

Our students are encouraged to explore their intellectual curiosity, critical thinking and social responsibility. Through motivation, support and challenge, we help students to realise their true potential and to be prepared for life in an ever-changing world.



Open Evening

Study with The Blue Coat Sixth Form

Thursday the 19th October 6pm - 8pm

Unlock your full potential.







The Blue Coat Sixth Form Application and Enrolment Timeline 2023/24

Events	Timeline	Key Information
Sixth Form Open Evening	Thursday 19th October 6-8pm 2023	Come along to our annual October Open Evening, where you can meet subject specialists, current students and find out more about what we can offer you.
Sixth Form Applications Open	October to December 2023	Complete our online application form.
Advice and Guidance Meetings	January/February 2024	We will invite you to come and meet us so that we can start to get to know you and build a picture about your subject choices and ambitions.
Conditional Offer	March 2024	Successful applicants will receive a letter confirming a provisional offer.
Pre-enrolment	July 2024	We will meet you again at our pre- enrolment event where you will learn lots more about your transition to Sixth Form.
Results Day & Enrolment	Thursday 22nd August	Come along to our enrolment on GCSE results day where you finalise your application and subjects.

Year 11 Parents' Information Evening

Effectively using your time at Key Stage 4







MOST COMMON & LEAST EFFECTIVE

Highlighting

Not productive – students will focus in on just that fact and not the wider context/information

Highlighting texts feels good. You can draw attention of people to a word or perhaps even to a whole sentence that spans acorss multiple lines in such a way that hypenation etc. are not affected.



Re-reading



Read, Cover, Review



notes

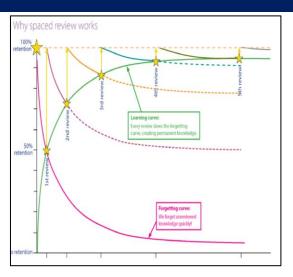
Summarising



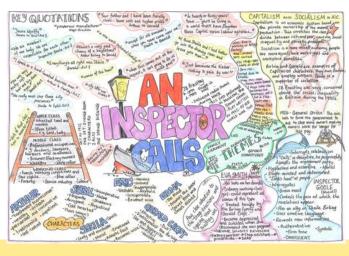
Cramming



STEER your knowledge



Spaced Learning

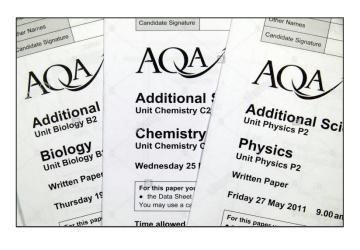




- **S** Space
- T Transform
- **E** Elaborate
- **E** Examine
- R Retrieve

Transform Knowledge

Exam Practice



Elaborate on Knowledge



THE BLUE COAT SCHOOL | THE VALUE OF REVISION

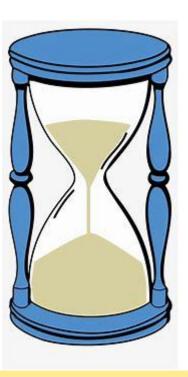
1 - 1½ grade difference is made with effective planning and revision

88% of students who complete effective revision achieve their target grades

Y11 students have done the time ...
10 years in education

Approximately 1921 days = 9650 hours

Time to make all your hard work count





How to Support Exam Preparation - Sleep

- 8 hours sleep is optimum
- Lack of sleep results in irritability, forgetfulness, poor concentration and attention span shortens. Memory, language, planning and sense of time is severely affected, practically shutting down.
- 17 hours of sustained wakefulness leads to a decrease in performance equivalent to a blood alcohol level of 0.05% (two glasses of wine). This is the legal drink driving limit in the UK.
- Routine is important: go to bed at the same time every night and get up at the same time every morning
- Avoid vigorous exercise before sleep, and late afternoon or evening naps
- Avoid eating large meals before bed and avoid caffeine before bed. In fact, after lunch!
- Take a warm bath before bed and then listen to soothing music if you have a particularly difficult time getting to sleep
- Stop all use of mobile devices for at least 30 minutes before bed
- Do not read, watch TV, or study in bed learn to associate your bed with relaxation
- Ensure a dark, quiet, cool environment
- Avoid oversleeping or lying-in bed for prolonged periods of time after your sleep is completed
- Try not to care whether you fall asleep or not sometimes worrying about falling asleep is enough to keep you awake
- Do not lie in bed and worry. Get up and do something to alleviate the worry have a notebook by the bed
- Do something relaxing to distract yourself from your inability to sleep



How to Support Exam Preparation – Increasing Hydration and reducing Caffeine

- Not drinking enough water reduces productivity, both mentally and physically
- Symptoms can include tiredness, confusion, reduced energy levels and the temptation to snack when not hungry

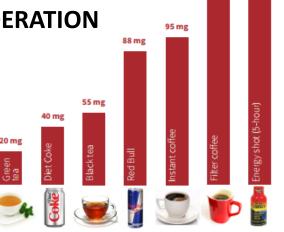
Top Tips:

- Always have water on hand
- Alternatives herbal teas, caffeine free alternatives
- Limit too many drinks that are high in sugar e.g. natural fruit juices, fizzy drinks and energy drinks
- Lead by example!



- Too much caffeine results in loss of sleep and energy, low mood, and low concentration.
- Monitor caffeine intake. On average adults should consume no more than 400mg per day, and children much less.
- Don't drastically change habits as the body is used to current amount
- Chocolate and coffee flavoured products can contain high levels of caffeine





How to Support Exam Preparation – Being Active

- Being active is a key component in healthy living both for mental and physical health
- Outdoor activity, especially as a family, could give you quality time together, will ensure they get some fresh air and give them a good break from study e.g. park run, walk, visiting a park or local attraction; if poor weather, try bowling, visiting a museum, iceskating, dancing or swimming
- Active hobbies release 'happy' hormones that are great for regulating mood, promoting self-confidence and reducing stress
- Exercising with friends or alone can be just as valuable as with family; it can increase the chances of them forming life-long healthy habits as well as releasing energy and making themselves physically tired (rather than just mentally tired), so supporting sleep
- If not keen on being active, encourage children to take regular walks to boost their circulation, stretch their muscles and be outdoors
- All children should spend some time being active outside every week.

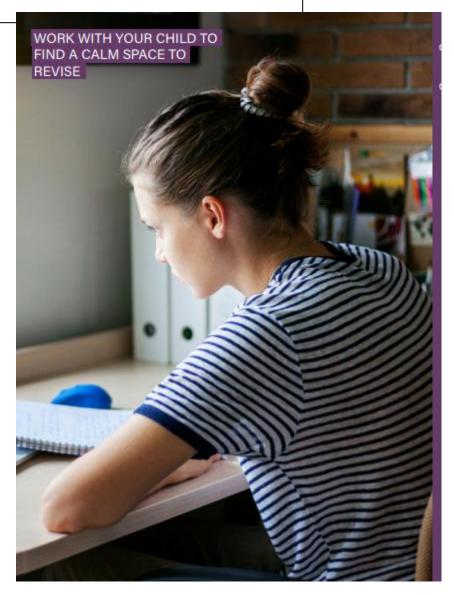


How to Support Exam Preparation - Environment

- Chat and show interest, but don't quiz about school-work
- Sometimes talking about something completely different will help to give children a break
- Sometimes different locations for revision and social, 'me' time help to compartmentalise the child's time
 - Quiet
 - Good lighting
 - Undisturbed
 - Space to organise work/books/notes
 - If not possible at home, try a local library or café with Wi-Fi?

Routine is important

- Try to keep mealtimes and family activities stable where possible
- Use these as anchor points in the week
- Eat together where possible and encourage chatting at mealtimes
- Regularity will help to minimise children taking snacks away
- Will improve overall time management



The Pomodoro technique



ONE POMODORO CYCLE







Revision Timetable

Revision timetable - Easter beliany

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am	Maths	Geography	Solence	- 4	Art	English	
	Fractions and alaebra	Revise case studies	exam paper 1 - timed	Family breakfast	Coursework	Make notes on main text	
9am	Cleoduabhh	acumica	conditions (2hr)	отсинстиал	French	PROMERY COAC	1
J	Volcanos	Drums lesson			Vocab revision	Drums lesson	
					Maths	1	
					Simultaneous		
				Solence	equations Maths		
10am	History Essay question			revision day	Simultaneous		
	French			with friends	equations		
	Vocab revision						
11am	Maths	History		1	Geography	Unglish	1
	Algebra	Read through	Time off		Revise coastal	Make notes on	
		Unit ⊇ notes			defences	main text	-
LUNCH	LUNCH	LUNCH	LUNCH		LUNCH	LUNCH	
2рт	Solence	Art			Geography	Solence	1
•	Physics	Coursework	Football and		exam paper 1 -	Biology	
	Art	-	swim lesson		timed conditions	History	1
	Coursework				(90 mins)	Key dates	
	Solence	4.4	1			Ü	4
зри	Chemistry	Coursework				unplanned revision	
4pm	unplanned	English	1			1000000	1
1,500	revision	Complete an			Dinner and	Evening off	
		essay question]		cinema		
5pm	Gym	Time off]	Gym			
брис	Time off	Time off		Time off			
Evening	English Look through	Maths formulas]	History Make flash]		
	unit 1 notes	French Vocab revision	1	cards on unit 2			

THE BLUE COAT SCHOOL | ORGANISATION & PLANNING

Option A (Cramming):

- 5 months Watch videos
- Run 15 hours a day last 2 weeks

Option B (Blocking):

- 3 months Legs only
- 3 months Arms

Option C (Interleaving and Spacing):

- Training schedule shifts between running, working on arms and legs (Interleaving).
- Spread your time over the entire preparation period (Spacing).





THE BLUE COAT SCHOOL | INTERLEAVING REALLY HELPS

Blocking vs Interleaving

Topic 1



Topic 3



Topic 5

Topic 6

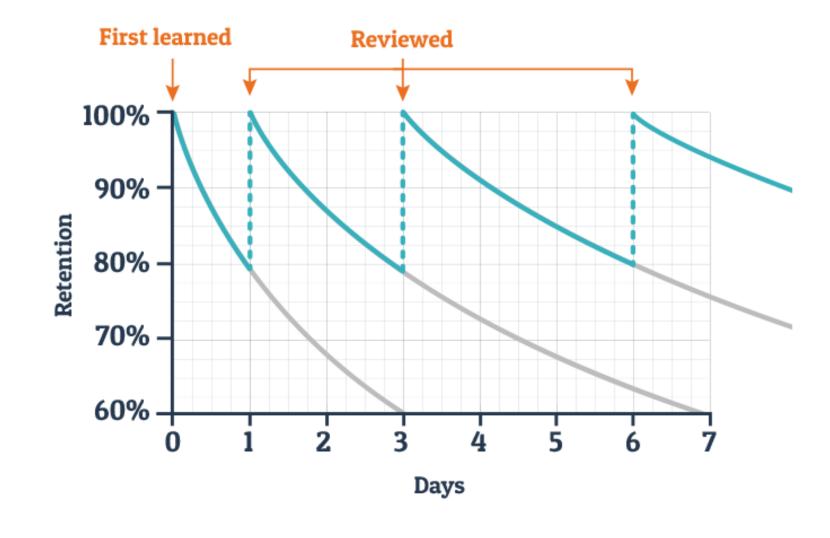






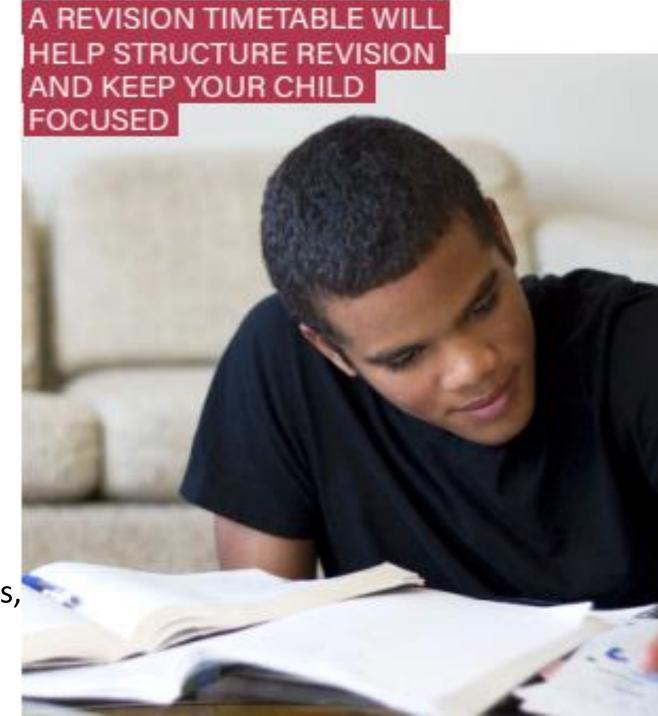
What is	Why does it	What can I
it?	work?	do?
It means	It produces	Revise little and
spreading	stronger	often. Set aside
out	learning and	at least one hour
revision	memory	a day to revise -
instead of		1 hour a day for
cramming	Spacing your	7 days is more
it all in at	practice out	effective than 7
the last	doesn't feel as	hours all at once
minute	satisfying, but it	
	results in	Make flashcards
Spaced	memories that	etc. everyday
practice	are more likely	not all at the last
means	to be useful	minute, so that
allowing	when exam day	when it comes
time to	comes around	to exam period
elapse		these notes are
between	Research	done and you
learning	evidence shows	can use the
to make	that if you space	remaining time
the	your learning	to test yourself
practice	you remember	and practice
more	25% more than	questions
difficult	when you cram	

THE BLUE COAT SCHOOL | SPACE YOUR REVISING



How to Support Exam Preparation - Planning

- Goal-setting
- Plan which subjects and which topics
 - Limit to 2 or 3 on weeknights
- Block the sessions in chunks
- Plan in short breaks
 - E.g. 7-9pm 25-minute chunks of revision with 5-minute breaks inbetween
 - Enables eyes to rest and change thinking patterns between topics
- Build in longer breaks to include activities, to ensure children completely switch off
- Be strict but flexible



Support During the Exams

- Help organise their week so they feel in control
 - Prepared for the next day
 - On time set alarm in good time
 - Equipped
 - Not rushed
- Prepare snacks and water bottle (clear) for the next day
- Eat **breakfast**, or bring it with them for before the exam
- Limit stimulants before an exam may be too typed up to focus – continue normal routine
- If 2 or 3 exams in one day, have extra food to revitalise
- Exam anxiety is natural support with all of the previous ideas, and maybe practice meditation, breathing techniques or yoga, smell certain relaxing essential oils or drink relaxing herbal teas
- Lead by example remain calm and positive



Useful links:













THE BLUE COAT SCHOOL | HOW TO REVISE

We remember:

- •10% of what we read
- •20% of what we hear
- •30% of what we see
- •40% of what we see and hear
- •70% of what is discussed
- •95% of what we teach to someone else



- Learning and revising are active processes which should involve engaging with your subject material.
- Here are some of the most effective ways to revise using evidence from years of neuroscience and memory research.
- The aim of revision is to make sure that your <u>lesson knowledge</u> is processed deeply and therefore moves into your <u>long-term memory</u> stores. You also need to be able to recall these memories in the exam.



• STEER knowledge in the right direction!

THE BLUE COAT SCHOOL | FLASH CARDS: RETRIEVAL PRACTICE

- Write from memory......and then check
- Test yourself frequently Quizzes, Essays......from memory
- Flash cards are good for revision to have maximum impact, must be high quality, and then use them in activities e.g. peer testing, Look, Cover, Write from memory, Check
- Not just for learning but to apply knowledge
- Will look different in different subjects
 - Key terms on one side, information on back (and questions to apply – friends and family to test – remember 95% of what we teach)
- Recall information create piles of success and not, keep doing it until no cards on the 'can't remember' pile
- Speak it out loud research has shown this aids memory





THE BLUE COAT SCHOOL | EXAM PRACTICE - VERY EFFECTIVE

Exam questions in controlled conditions build up the amount of content examined.

- Ask for additional exam questions on topics you need to revise/struggle with
- When you have completed the questions, ask your teacher for the answers, or feedback on longer questions
- Read the examiners' reports

The more you practise something, the more likely that it will become automatic, and take up less space in your working memory

er Names	Candidate Signature	Candidate Signature
andidate Signature	AQA	A A
ACES	Additional 9	ACIA
Additional Unit Biology B2	Chemistry	Additional Sci
Biology B.	Unit Chemistry C	Physics Unit Physics P2
Written Paper	For this paper you the Data Sheet You may use a ca	Written Paper Friday 27 May 2011

Exam success - not just remembering material - **need to apply it**

What is it?	Why does it work?	What can I do?
Applying knowledge	Practicing something regularly	Do exam questions (these are on the
in the way it is going	will make it a permanent	"Everyone Drive" for psychology)
to be tested in the	habit, which can benefit you	
examination	in the long term	Make up exam questions for each command word
	Practice also involves mental	
	manipulation of your	Use mark schemes to see what the
	knowledge, a deep process activating many areas of the	examiners are looking for
	brain	Read examiner reports to see what examiners like you to write and what they
	Practicing skills over time causes neural pathways to	don't like!
	work faster in your brain,	To improve your performance, you need to
	which improves recall in	practice frequently, and get lots of feedback
	exams	so you practice correctly

THE BLUE COAT SCHOOL | SUBLIMINAL AND STRATEGIC REVISION

Subliminal and strategic revision can be a really powerful revision strategy when trying to retain and recall short pieces of information e.g. key dates in history, equations in Maths/Science.

This can be done by placing revision notes/fact sheets in strategic positions within the household.

By doing this, a pupil will be repeatedly exposed to revision content as they go about their everyday life, continuously reading, retaining and recalling the information presented.





Audio recording and playback of revision notes

More recently, there has been an increase in the recording of revision notes, to then be played back to the pupil through the electronic devices.

Much like an actor rehearsing lines, by repeatedly listening to these notes throughout the day (bus/car journeys, before going to sleep), an increase in retention can be seen if a preferred style.

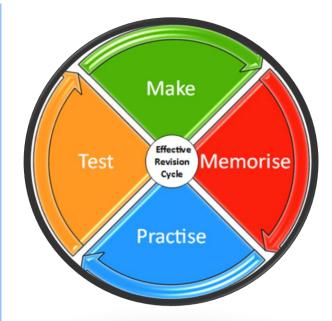
THE BLUE COAT SCHOOL | HOW TO REVISE - SUMMARY

Efficient Revision Top Tips

- Get organised and plan your revision interleave and space it!
- Variety is key try a range of revision strategies and find what works for you
 - Make it fun!
 - Engage with the information when revising, complete activities to ensure you are applying your knowledge/'doing something' with your knowledge
- Test yourself regularly (plan in time for revisiting topics)
 - Complete practice questions and check your work

Other Factors

- Eat and drink regularly
- Little and often take regular breaks when you come back, try testing yourself on what you have just revised
- Revise in a quiet and comfy space with no distractions
 - No social media when revising
- Get plenty of sleep
- Reward yourself with fun things when you achieve set goals





THE BLUE COAT SCHOOL | (Religious Studies)

Mrs Khaliq (HoD RS)

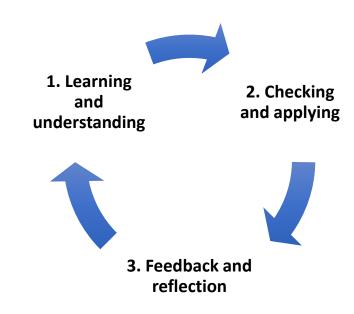


What revision should look like



 Research suggests that not all revision techniques are equal. Some are more effective than others.

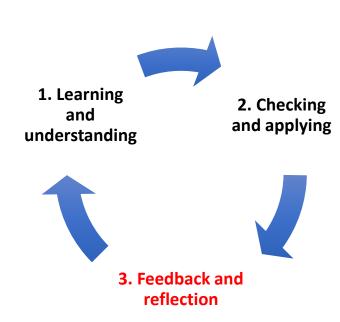
• The purpose of revision is to ensure that learning moves into the long term memory.







What revision should look like



Practice testing	Self-testing or taking practice tests on material to be learned.
Distributed ('spaced') practice	Implementing a schedule of practice that spreads out activities over time.
Elaborative interrogation	Generating an explanation for why an explicitly stated fact or concept is true.
Self-explanation	Explaining how new information is related to known information, or explaining steps taken during problem solving.
Interleaved practice	Implementing a schedule of practice that mixes different kinds of problems, or a schedule of study that mixes different kinds of material, within a single study session.
Summarization	Writing summaries (of various lengths) of to-be-learned texts.
Highlighting	Marking potentially important portions of to-be-learned materials while reading.
Keyword mnemonic	Using keywords and mental imagery to associate verbal materials.
Imagery use for text learning	Attempting to form mental images of text materials while reading or listening.
Rereading	Restudying text material again after an initial reading.

1. Learning and Understanding	2. Checking that I understand and	3. Feedback and reflection
Content	can apply the content	
Re-read/re-write class notes from your exercise book.	Reproduce revision mind maps/flash cards with no notes in front of you.	Compare your revision 'test' notes against your revision cards – what have you missed out?
Read/make key word/scripture cards.	Get someone to test you on your flash cards/key word/scripture cards.	How successful were you in explaining your diagram? What do you need to clarify/work on?
Make consolidated revision notes – mind		Go back to your notes to check.
maps/flash cards/fish bone diagrams etc.	Look, cover, write check with your revision cards.	
Read and highlight revision cards/notes.	Draw a diagram to represent key areas of the content. Can you then explain the diagram to	Listen back to your recording – does your explanation make sense? Tick off on your notes what you have mentioned – what did you
Add pictures/images to your revision cards.	someone/out loud?	forget?
Read through the past paper questions and mark schemes – highlight important information. You could traffic light them – which are easy, ok, difficult?	the course. Answer some past paper questions from your	Self-mark your answer using your revision notes/exercise book to help you. Ask your teacher or a peer to mark your
Use mnemonics/memory palaces etc to help you to remember key content.	topic booklets. You could build up to doing these in timed conditions.	answers then improve your answer based on the feedback.
Read and highlight any model answers you have been given.	Discuss areas of the course with your peers and ask questions if you are unsure. Can you confidently talk about the topics with no notes?	Make a note of any areas of the course you feel less confident about – go back over these using one of the strategies in column 1.
Read through your answers and feedback on any tests you have done.	Teach a family member or friend about an area of the course, without using your notes.	Go back through your exercise book/tests and have another go at any questions you got wrong.

Where we are at?



• Students in RS have now finished paper 1 and have parts of paper 2 left.

Examiner report highlights that paper 1 is a strength. This is due to revision and spaced learning that takes places outside the classroom.

• All students have been given a set of revision materials for paper 1 and the topics from paper 2.

These should be coming home at the end of every lesson.

Students will have their first TTC week commencing 16th October.





Important questions to ask

➤ What have you done for RS today?

"Paper 1, Paper 2, Quotes, Exam questions, Mind maps, <u>BBC bitesize</u>, highlighting, reading"

Which part?

Figure 6 Give me the pieces of scripture you have looked at?

How can you use these in an influence question?

➤ Have you looked at any <u>new</u> keywords today?

In what way would the revision from today <u>fit into</u> <u>a 12 mark question?</u>

What is next?

What is left?



THE BLUE COAT SCHOOL | (Religious Studies)

Miss Nevell (HoD English)



English Literature and Language

- Summary
 - Two qualifications
 - All pupils entered for both literature and language
 - 4 Papers in total plus a Spoken Language NEA

"Memory is the residue of thought"



English Literature 2023-2024

Literature Paper 1

Macbeth – Shakespeare (30 marks + 4 marks SPAG)

 A Christmas Carol - Dickens (30 marks)

Literature Paper 2

- An Inspector Calls J.B.
 Priestley (30 marks + 4 marks SPAG)
- Power and Conflict Poetry (30 marks)
- Unseen Poetry (24 marks + 8 marks SPAG)



Curriculum coverage

- Year 10:
 - Macbeth
 - An Inspector Calls
 - Poetry anthology selection

- Language Paper 1 Section A and B
- Language Paper 2 Section B

	HT1	HT2	HT3	HT4	HT5
	Language Paper 2	'A Christmas Carol' – Charles Dickens	Power And Conflict Poetry	Language Paper 1 revision	Bespoke Revision
Year 11			†°ż		

The Forgetting Curve

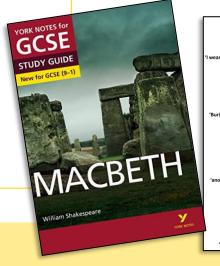




Literature -Top Tips

- Read the whole texts Macbeth and ACC are extract based. AIC gives no extract but a choice of questions
- Revise the hardest sections and skills first
- **Practice** essays under timed conditions
- Cue cards of key quotations and analysis
- Seneca Learning
- Massolit
- Keep revisiting topics at regular intervals
- Powerful knowledge on a Page























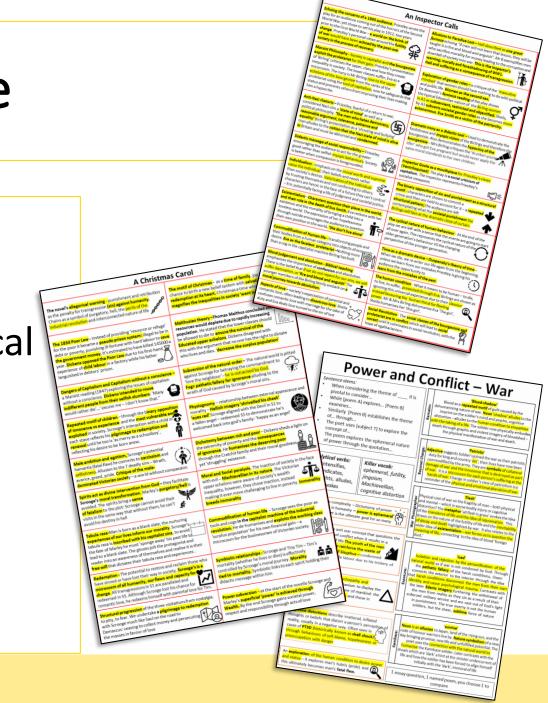


Powerful Knowledge on a Page

The Powerful Knowledge on a Page

is a collection of the best concepts, critical ideas and analysis for each text.

Pupils will be given these for every text.





English Language 2023-24

Language Paper 1

Explorations in creative reading and writing

- Q 1-4 Analytical questions (40 marks)
- Q 5 Narrative or descriptive writing (40 marks)

Language Paper 2

Writers' viewpoints and Perspectives

- Q 1-4 Analytical and comparative questions (40 marks)
- Q 5 Non-fiction creative writing (40 marks)



Language -Top Tips

- Read fiction and non fiction widely
- Practice papers under timed conditions
- Know and revise the question strategies
- Know and revise language and structural features
- Memorise and apply creative vocab
- Practice, practice, practice the **two creative writing components** they are 50% of the qualification.
- Youtube tutorials Mr Bruff, Mr Salles



December Mock Exams

Literature Paper 1 1 hour 30 mins

Macbeth

A Christmas Carol

Language Paper 2

Writers' viewpoints and Perspectives

1 hour 45 mins

- Q 1-4 Analytical and comparative questions (40 marks)
- Q 5 Non-fiction creative writing (40 marks)



Core Mock Exams

Literature Paper 2 2 hour 15 mins

- An Inspector Calls J.B. Priestley
- Power and Conflict Poetry
- Unseen Poetry

Language Paper 1 1 hour 45 mins

Explorations in creative reading and writing



Beyond GCSE – A-Level Taster Sessions



Topic

English Language: How gendered language influences your experience of life



English Literature: The Handmaid's Tale

English Language: Attitudes to Language

English Literature: Literature as Rhetoric

English Language: Language and Ethnicity - Relationship, Culture & Theory



English Language: Bias in reality TV

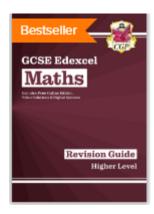


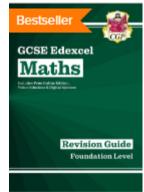
THE BLUE COAT SCHOOL | (Mathematics Revision) Mr Murphy



Exam information

Subject	MATHEMATICS
Subject title as it appears on the specification and specification	Pearson Edexcel Level 1/Level 2 GCSE (9-1) in Mathematics (1MA1)
code	
Exam Board	EDEXCEL
Number of Papers Sat	3 (Paper 1 NC, Papers 2 and 3 Calc) All 80 marks and 90 minutes
Recommended revision guide (if any)	Any 9-1 Edexcel Revision Guide (CGP)





Key Dates

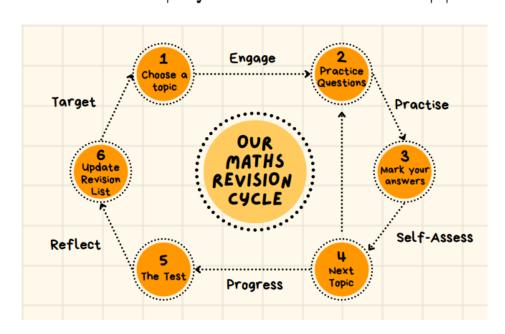
DA	TE	04/	11/09/2023	2023	18/09/2023		25/09/2023	02/10/2023	09/10/2023	16/10/2023	3 23/10/2023	30/10/2023	06/11/2023	13/11/2023	20/11/2023	27/11/2023	04/12/2023	11/12/20	023 18	8/12/2023
	Week	P1	Q2		P3	Q4		P5	Q6	P7		Q8	P9	Q10	P11	Q12	P13	Q14	P1	15
AUTUMN TERM				Simul	lataneous Equ	uations an	nd Quadratics		Vect	ors		Circle	Theorems	Interpreting	and Representing Data	YEAR	:11 MOCKS BEGIN 274	1 AND END 15#1	2	Catch up
DA	TE	08/0	01/2024 15/01/	2024	22/01/2024	4 2	9/01/2024	05/02/2024	12/02/2024	19/02/202	24 26/02/202	24 04/03/2024	11/03/2024	18/03/2024	25/03/2024	01/04/202	24 08/04/2024			
	Week	Q16	P17		Q18	P19	YR11 PE 01/02	Q20	P21		Q22	P23	Q24	P25	Q26	I	EASTER			
SPRING TERM			rig Graphs and Funct		YR10) Transfo	gruency /Recap rmations)	Constructions (Not covered in VR10)	YR11CORE ASSESSMENTS (SECOND MOCK)				DENTIFIED FR							
DA	TE	15/0	04/2024 22/04	/2024	29/04/202	4 0	6/05/2024	13/05/2024	20/05/2024	27/05/202	24 03/06/202	24 10/06/2024	17/06/2024	24/06/2024	01/07/2024	08/07/202	24 15/07/2024			
	Week	P27	Q28		P29	Q30		P31	Q32		P33	Q34	P35	Q36	P37	Q38	P39			
SUMMER TERM								PAPER 1 (16/05)			PAPER 2 (03/06)	PAPER 3 (10/06)								



How to revise in maths

How to succeed in mathematics

- 1. Be ORGANISED. Bring books to lesson. Do homeworks and bring this to lesson. Bring the correct equipment (including a calculator) every lesson.
- 2. PRESENTATION. Set out work as clearly as is possible. Show your workings to make it easier for the exam markers to award you marks.
- 3. ASK for help. Ask in class if you are unsure about something. If you cannot ask in class, see your teacher outside the lesson. This may only take 5 minutes to resolve and give you a few extra marks in the examination.
- 4. EFFORT. This includes putting effort in class and outside the lesson. Attempt questions even if they look difficult as there is a good chance some marks may be given through correct workings.



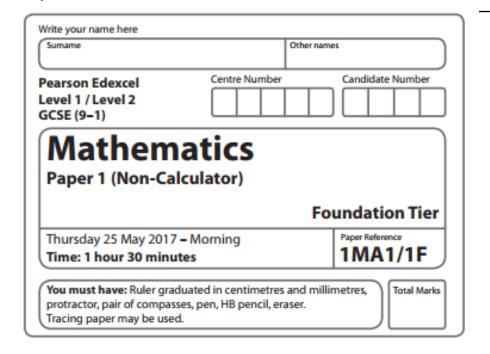
Top Tips

- Some useful places to find videos and questions for revision are:
 - Cloudbox
 - Corbett Maths
 - Maths Genie
 - Sparx Maths
- Use "Ctrl" + "f" on websites like Corbett Maths to easily find relevant topics or videos.
- Try to do a little bit of maths everyday. 15-30 mins everyday will be a lot more productive than 2-3 hours all in one go.



Staple Challenge

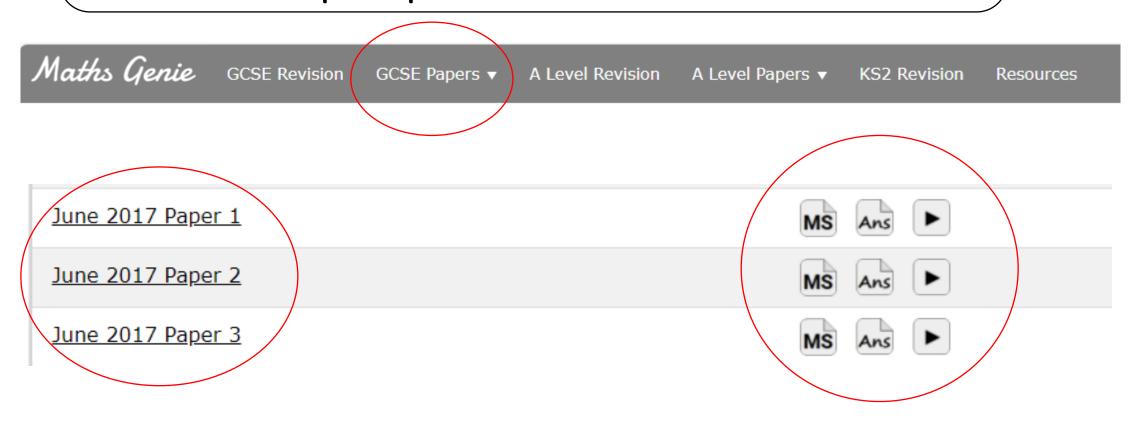
Every fortnight, we are improving exam performance by running a "Staple Challenge" in class. The aim is to minimize the errors made at the beginning of a paper (up to the staples), by doing a paper in exam conditions for 25-30 minutes. We then mark the paper and look at methods of approaching different questions as well as looking at mark schemes to see where marks are awarded.



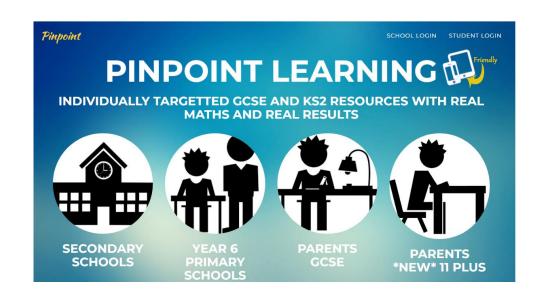
Surname	Oth	er names
Pearson Edexcel Level 1 / Level 2 GCSE (9–1)	Centre Number	Candidate Number
Mathem	atics	
······································	die	
Paper 1 (Non-Ca		
		Higher Tier
	Iculator) ' – Morning	Higher Tier Paper Reference 1MA1/1H

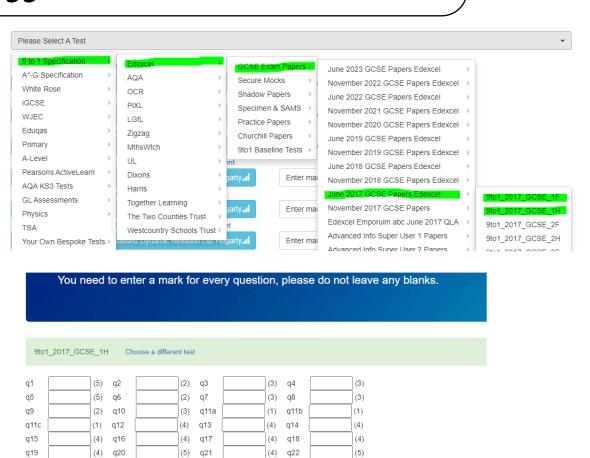
After the staple challenge...

Once the paper has been completed up to the staples and marked in class, the paper can be completed at home to the best of your son/daughter's ability. To help with this, solutions and videos to help complete this can be found on MATHSGENIE



Mib your own tests...
Once the paper has been completed, we have introduced PINPOINT LEARNING to year 11's. This enables pupils to work on questions that they have struggled with from their test.





Completing Pinpoint booklet Pinpoint produces a booklet with easy/medium/hard questions on topics that were found most difficult. Answers are provided. Links to SPARX maths are also provided and the Maths Department run a drop in on a MONDAY and THURSDAY at 1.30pm in BC16 for further support

9to1 2017 GCSE 1H

Personalised Question Booklet for

Login to www.pinpointlearning.co.uk

Username:



Password:



Topic 1: Scattergraphs and Reasoning.

Mwatch clip: 129, Hegarty: 454, Sparx: U277

Topic 2: Product of Prime Factors, HCF, LCM.

Mwatch clip: 78, Hegarty: 29, 30,32,35, Sparx: U250,U739

Topic 3: Decimal Multiplication.

Mwatch clip: 66, Hegarty: 48, Sparx: U293

Topic 4: Pythagoras.

Mwatch clip: 150, Hegarty: 500 to 508, Sparx: U385

Topic 5: Re-arranging y=mx+c and interpreting.

Mwatch clip: , Hegarty: 206 to 216, Sparx: U477,U669

How can I help..?

Encourage your son/daughter to finish their paper every fortnight and use MathsGenie and drop in sessions in BC16 to go through any questions they are stuck on.

Produce a Pinpoint booklet after each paper (either print off or just answer in books) the more you do on Pinpoint, the more it records which topics you will need to spend most time on.

Thank you

THE BLUE COAT SCHOOL | (Science) Miss Arnold



Exam information

Subject

Subject title as it appears on the specification and specification code

Exam Board

Number of Papers Sat

Recommended revision guide (if any)

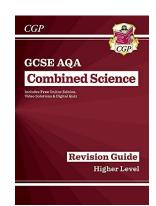
Combined Science

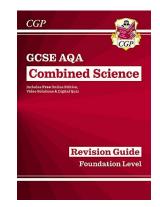
Combined Science: Trilogy (8464)

AQA

6 papers – Biology x 2, Chemistry x 2, Physics x 2 Each 70 marks and 75 minutes

CGP (provided by school at start of Year 10)





Exam information



Subject title as it appears on the specification and specification code

Exam Board

Number of Papers Sat

Recommended revision guide (if any)

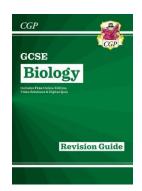
Triple Science

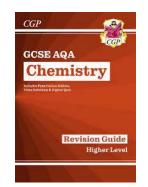
GCSE Biology (8461), GCSE Chemistry (8462), GCSE Physics (8463)

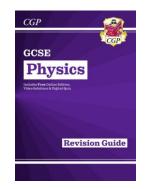
AQA

6 papers – Biology x 2, Chemistry x 2, Physics x 2 Each 100 marks and 105 minutes

CGP (provided by school at start of Year 10)







Mocks

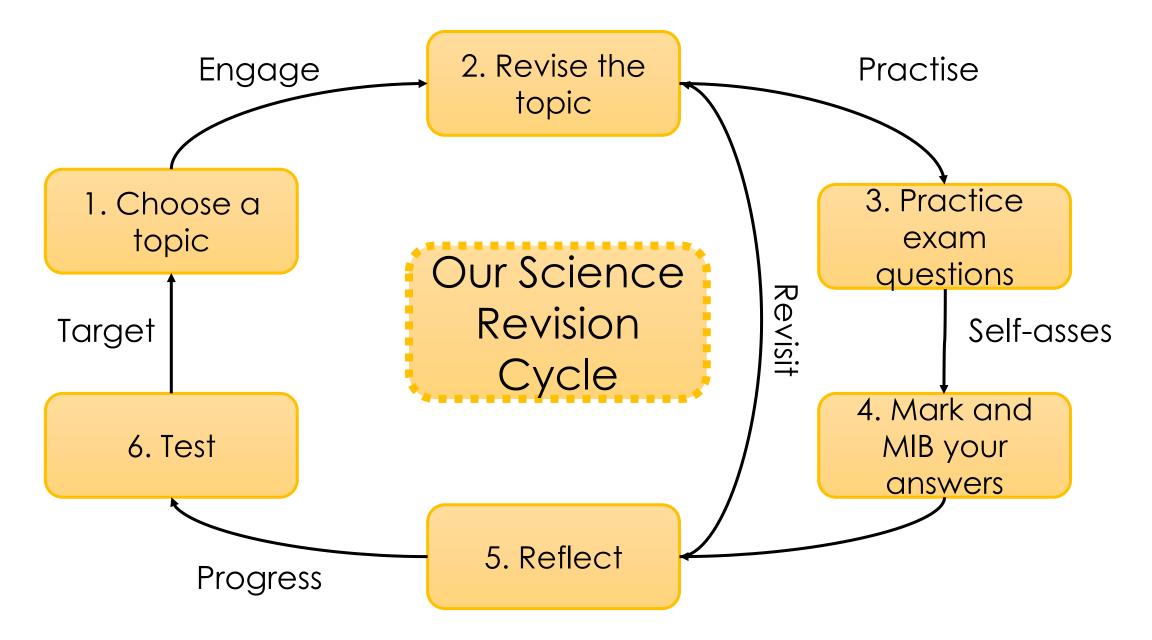
November mocks

Paper 1 in Biology, Chemistry and Physics

February Core Assessments

Paper 2 in Biology, Chemistry and Physics

Science Revision Cycle



Engage

- Consolidate the information from the revision guide into your chosen format e.g. mind map, revision cards etc
- Watch and make notes on videos from Free Science Lessons or Cognito
- Don't understand take your question to drop in or ask your teacher
- Use a revision checklist to make sure you have covered all aspects of the topic, these are on Bloodle

Practise, Practise, Practise

- Use the ExamPro question library on Bloodle to answer exam questions on your chosen topic
- Answer past paper questions on Physics and Maths tutor or from Bloodle

Self-assess

- Use the mark scheme to mark your answers
- MIB your answers with the mark scheme to help you understand where you have gone wrong

Revisit

- Don't move onto another topic until you have mastered this one
- Don't feel confident go back and revisit your revision and complete the cycle again

Progress

In preparing for your exams think smart about your revision, you will hopefully see some improvement from your previous assessment.

Target

- Make a clear list of all of the topics you want to work on.
- Choose 3-5 areas to begin with, to make your goals manageable and achievable.
- Think smart about the topics you are choosing. Do any topics link? Are there are any topics you need to master before you can tackle others.

Top tips

Try to do a little bit of science everyday. 20-30 mins everyday will be a lot more productive than 2-3 hours all in one go. Plan your revision out using a revision timetable. Make sure you know which content is on each paper. Be prepared for exams; pen, ruler, pencil, calculator.

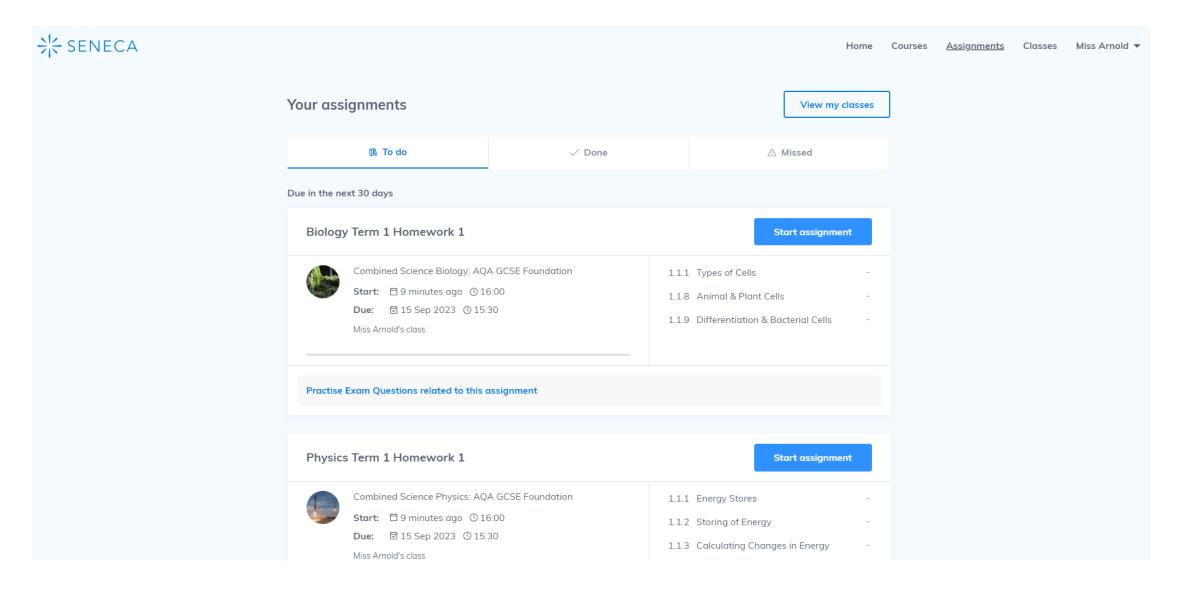
Seneca



Seneca homework is set once a fortnight for each biology, chemistry and physics.

Students can return to assignments, complete related exam-style questions and completed revision recommended by Seneca, based on their performance in individual topics.

Seneca



Exampro libraries exampro



1	Question Mark Scheme	=
3	This question is about the periodic table and argon. (a) What order did scientists use to arrange elements in early periodic tables? Tick (✓) one box.	Î
5	Atomic weight of element	
7	Number of neutrons in an atom of element Size of atoms of element	
9	Year element was discovered (1)	
10	 (b) In early periodic tables some elements were placed in the wrong groups. Mendeleev overcame some of these problems in his periodic table. Complete the sentence. 	
	Mendeleev did this by leaving for elements that had not been discovered. (1)	
	(c) What is the name of the group that contains argon? Tick (✓) one box.	
	Alkali metals Halogens	

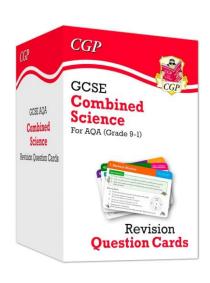
Other Resources

- Revision guide
- CGP Revision Question Cards
- Cognito or Freesciencelessons (Youtube)
- Malmesbury Education (required practical activities on Youtube)
- BBC Bitesize









How can I help?

- Encourage your child to complete independent revision
- Offer to quiz them on topics using flashcards or notes
- Encourage them to complete past paper questions and self-mark using the mark scheme
- Encourage them to reflect on their revision to ensure it is useful

Thank you!

The Blue Coat | Mr. Barnes Year 11 Director of Learning





FRENCH AND GERMAN PRE-MOCK SPEAKING ASSESSMENTS



- 11th 13th October
- One-to-one speaking exam with class teacher
- Preparation time with an invigilator
- High standards of behaviour expected
- Grades will go towards the mock exam results

WHAT IS ASSESSED?

One PHOTO CARD



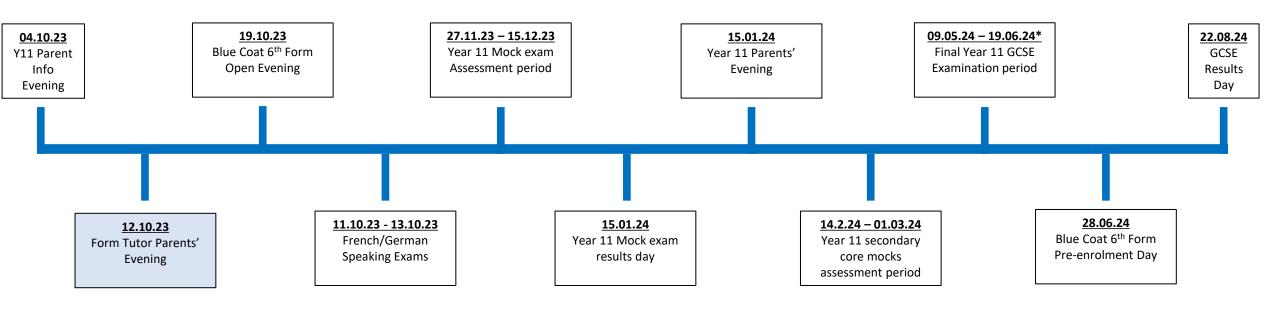
Describe the photo in detail. Answer 3 more questions on the same topic.

➤ **GENERAL CONVERSATION**Students have written answers to 5-8 questions. They must LEARN these answers thoroughly.

Further practice papers and exam advice can be found on the French and German SharePoint pages



Year 11 - Key Dates





Year 11 Options subjects

All Year 11 Parents/Carers will now have the opportunity to visit each option subject stall and ask questions to our 6th Form Students regarding the course and top tips for revision.

Please visit each Green Room for more details.



Year 11 – GCSE Subject areas

Please now feel free to use any time before this to visit our GCSE subject areas and ask questions regarding Year 11 and revision.

Green Room 1

- Media Studies
- History
- Business
- Art, Photography, Textiles
- Construction, Food & Nutrition, Engineering and Product Design

Green Room 2

- Geography
- French/German
- Child Development
- Sociology
- GCSE PE/Sports Studies

Student Services foyer

- Creative I-Media
- Computer Science
- Music
- Drama

