

# Wellbeing Curriculum KS4- 2022-2023



## Our Wellbeing intent:

*To help students develop the knowledge skills and attributes needed to **manage life's challenges and make the most of life's opportunities** keeping **healthy, safe and prepared** for life and work*

### Key Stage 4: Year 10

Overall Curriculum Goals					
To help students develop the knowledge skills and attributes needed to manage life's challenges and make the most of life's opportunities keeping healthy, safe and prepared for life and work					
Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<ul style="list-style-type: none"> <li>Child Sexual Exploitation and Grooming</li> <li>Coercive control</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>Challenging sexual harassment</li> <li>Sexual violence and misogyny</li> <li>Coercive control</li> <li>consent</li> </ul>	<ul style="list-style-type: none"> <li>Serious and organised crime and grooming</li> <li>Knife crime</li> </ul>	<ul style="list-style-type: none"> <li>Online sharing and data</li> <li>Terrorism and radicalisation</li> <li></li> </ul>	<ul style="list-style-type: none"> <li>The dangers of viewing harmful images</li> <li>Online safety</li> </ul>	<ul style="list-style-type: none"> <li>Financial literacy</li> <li>Budgeting</li> <li>Poverty and deprivation</li> </ul>
Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas
How to recognise and understand legal provisions for serious and organised crime what constitutes sexual harassment and sexual violence and why these are always unacceptable the concepts and laws relating to coercion	How to recognise and understand legal provisions for serious and organised crime criminal exploitation through gang involvement and 'county lines' drugs operations the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions the concepts of, and laws relating to, sexual consent how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn The law and how to recognise signs surrounding sexual exploitation and grooming the legal rights and responsibilities regarding equality (particularly with	Understanding knife crime and reasons for its increase and strategies to help support those who may be vulnerable How to recognise and understand legal provisions for serious and organised crime criminal exploitation through gang involvement and 'county lines' drugs operations	How information and data is generated, collected, shared and used online How extremism and terrorism might transpire and the law surrounding it	about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online not to provide material to others that they would not want shared further and not to share personal material which is sent to them what to do and where to get support to report material or manage issues online the impact of viewing harmful content	Understanding tax and wage slips Learning how to set a budget The facts surrounding poverty and deprivation

	reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal how stereotypes, in particular stereotypes based on sex and gender, can cause damage (for example, how they might normalise non-consensual behaviour or encourage prejudice)				
<b>CIAG</b>	<b>CIAG</b>	<b>CIAG</b>	<b>CIAG</b>	<b>CIAG</b>	<b>CIAG</b>
Careers interviews	Careers interviews	Careers interviews Futures Exhibition	Maximising your potential CV writing Careers interviews	Careers interviews	Careers interviews

## Key Stage 4: Year 11

Overall Curriculum Goals					
To help students develop the knowledge skills and attributes needed to manage life's challenges and make the most of life's opportunities keeping healthy, safe and prepared for life and work					
Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<ul style="list-style-type: none"> <li>• First Aid</li> <li>• Spiking</li> <li>• Drugs</li> </ul>	<ul style="list-style-type: none"> <li>• Violence against women and girls</li> <li>• Pregnancy abortion and options</li> </ul>	<ul style="list-style-type: none"> <li>• Post 16 preparation and goal setting</li> <li>• FGM</li> </ul>	<ul style="list-style-type: none"> <li>• Dealing with change, transition after KS4.</li> </ul>	N/A	N/A
Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas	Key Vocabulary/Concepts/Ideas
How to administer basic first aid including defibrillators The issue of spiking, how to recognise the signs and guidance the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.	The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking. Information on the drugs trade Prevalence of violence against women and the legal provision surrounding it how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing. about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment. The issue of FGM and how these can affect current and future relationships the facts around pregnancy including miscarriage that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help)	what is FGM and who is at risk? The law surrounding FGM. Preparing for life beyond KS4 Post 16/19 routes including apprenticeships Intended destinations- post 18 research Completing applications Careers interviews Futures Exhibition	How to cope with stress and exams What changes students may face and strategies to manage these changes effectively		
CIAG	CIAG	CIAG	CIAG	CIAG	CIAG

	Interview skills and techniques Intended destinations- post 18 research Completing applications Careers interviews				
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